

East Midlands Region

England Fencing

Regional Newsletter

Bringing the regions clubs' closer together. If there is something you would like to see in this newsletter please don't hesitate to get in touch with us on our new e-mail address:

training@emfencing.com

Our new secretary e-mail address is: secretary@emfencing.com

UPCOMING COURSES:

Safeguarding and Protecting Children and Time To Listen Course:

Running alongside the regional training days at the Lee Westwood Sports Centre, Nottingham Trent Uni. The courses are on the 8th June. There is still time to sign up.

Referee course:

We have the opportunity to run a referee course in the near future. If you are interested in sitting a level 1 or level 2 referee qualification please let Jenna know and which weapon/weapons you would like to do.

REGIONAL TRAINING DATES:

June 8th 2019

Mini session (under 13's) 10am - 12 noon £10

Senior session (over 13's) 12 noon - 4pm £20

If you would like to attend the next regional training session please fill in the [booking form](#)

All regional training days are open to any fencer, any age who has completed a beginners' course. The sessions are run at the Lee Westwood Sport Centre, Nottingham Trent University, Clifton Campus, NG11 8NS.

If you have any questions about the sessions please contact Jenna on training@EMfencing.com

East Midlands Senior/GB Cup Competition results:

MF

- 1- Stephen Conroy
- 2- Joshua Hemmings
- 3- Kieran Patrick - GB Cup qualified
- 3- Conor Dixon
- 5- Ali Delboyer - GB Cup qualified
- 6- Roderick Howlett
- 7- Reuben Bryant
- 8- Ian Toplis
- 9- Thomas Dobson

WF

- 1- Jenna Griffiths - GB Cup qualified
- 2- Abby Willmott - GB Cup qualified
- 3- Lily Harrison

MS

- 1- Matt Scase - GB Cup qualified

2- John Hefford - GB Cup qualified

3- Reuben Bryant

WS

1- Nickola Beck

2- Wendy Harrison - GB Cup qualified

ME

1- Timothy Devenport

2- Tom Chrisp

3- Joshua Fielding - GB Cup qualified

3- Jan Gerboc

5- Jason Brodie - GB Cup qualified

6- Maxwell Telfer

7- Sean May

8- Paul Willmott

9- Ashden Simpson

10- Ian Toplis

11- Ross Barker

WE

1- Anna Hills - GB Cup qualified

2- Kathryn Reed - GB Cup qualified

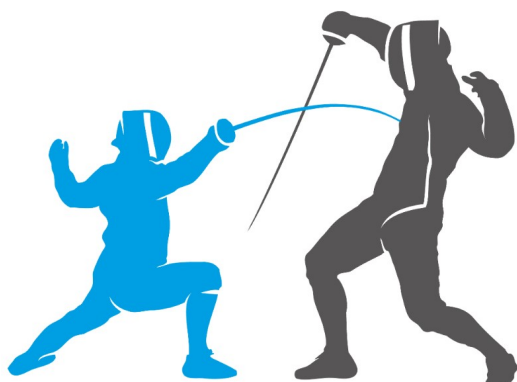
3- Abby Willmott

3- Sophie Duxon

5- Millie Brodie

Congratulations everyone, hope to see you again next year!

UPCOMING REGIONAL COMPETITIONS:



John Holt Novice Open.

Date:

1st June 2019

Venue:

Lee Westwood sports centre
Nottingham Trent University
Clifton Campus
Nottingham
NG11 8NS

Details:

Brand new Novice competition this year in memory of John Holt. John was special to many people in this region. This is a great way of remembering him and having a great time at the sport he gave so much of his life too.

Cost:

£25.00

Entries:

Entries are via sport80 please use the link [here](#)

Club Corner:



Nottingham Trent University Fencing

NTU fencing have had an exhilarating year of achievements. Both their teams secured 1st place in their BUCS league, earning a well-deserved promotion, gliding into league 1. The women's team relentlessly fought for gold at the Conference Cup, and the boys' team achieved a very close 2nd place against Oxford Brookes. The women's team have not faced a single defeat this year, with considerable thanks to their sport scholars: Sarah Spice, pentathlete Sophie Pedlar, and 2018 Commonwealth champion Danielle Lawson.

NTU is open to beginners, as well as advanced fencers. After excellent standards of coaching from Chris Forbes and Ev van Gemeren, the club were delighted as their beginners claimed victory at the Lincoln Cup in January. Some beginners have also proudly progressed to compete in the East Midlands Regionals: Josh Helm-Cowley seized gold in epee; and there was triumph in sabre for Franklin Fairbass (1st) and Indigo Johnson (3rd).

Next year the club hopes that they will maintain their success and recruit new

members, specifically with the goal of enticing more girls. But, in addition to this, their teams will also be committing their time to complete volunteer community work.

If you would like to get in touch/see what we're up to please follow us on instagram (@ntufencing) or contact us via email (ntufencing@ntu.ac.uk).

ARMOURERS CORNER:

Foil blade re-wire.

Place the weapon upside-down in a vice, undo the hex nut and remove the handle, pad, guard and socket from the tang.

Rotate the blade 90 degrees in the vice and peel off the protecting tape around the tip.

Disassemble the point by removing the tip, grub screws, tension spring and point top.

Put them on a small magnet, so they don't fall on the floor.

If you have a hot paint stripper, this part is easy. Grasp the end of the wire in a pair of pliers and heating the blade gently, pull the wire out of the groove of the blade.

Remove any remaining wire and glue from the blade with the help of a craft knife or some similar sharp instrument.

You should then have a clean, rough surface along the whole length of the blade, ready for gluing.

Wrap masking tape around the blade tang (approximately 3" from the shoulder) to prevent damage to the insulation when tying off the wire during gluing.

Part two next issue.

Thank you for reading. If there is anything you would like to see in the newsletter please get in touch:
EMcadets@gmail.com

Our mailing address is:

EMcadets@gmail.com, training@emfencing.com

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