

East Midlands Region

England Fencing

Regional Newsletter

Bringing the regions clubs' closer together. If there is something you would like to see in this newsletter please don't hesitate to get in touch with us on our new

e-mail address:

training@emfencing.com

Our new secretary e-mail address is: secretary@emfencing.com

UPCOMING COURSES:

Safeguarding and Protecting Children and Time To Listen Course:

Running alongside the EM regional training days on the 11th May and the 8th June at the Lee Westwood Sports Centre, Nottingham Trent Uni. Please use the following link to book on: [upcoming courses](#)

REGIONAL TRAINING DATES:

April 13th 2019

May 11th 2019

June 8th 2019

Mini session (under 13's) 10am - 12 noon £10

Senior session (over 13's) 12 noon - 4pm £20

For April's training day please book in via the following short survey: [Regional training day](#)

All regional training days are open to any fencer, any age who has completed a beginners' course. The sessions are run at the Lee Westwood Sport Centre, Nottingham Trent University, Clifton Campus, NG11 8NS.

If you have any questions about the sessions please contact Jenna on training@EMfencing.com

BYC Qualifier results:



U12 ME

1	Etienne Le Hair
2	Robbie Boswell
3	Ben Parkin
3	Thomas Robinson
5	Zac De Lisle
6	Lawrence Roberts
7	Ben Taylor
8	Ethan Mitchell-Clarke
9	Michal Soinica

U14 ME

1	Sebastian Sluja
2	Maksymillian Palamar
3	Willem Drury

3	Cyrus Kidd
5	Hector Meynall
6	Oliver Golanowski
7	William Leavesley

U16 ME

1	Joshua Goh
2	Finlay Noble
3	Neo Wilson-Wan
3	Jasper Kidd
5	Oscar Potts
6	Jack Mitchell
7	Jacob Ashforth
8	Tobey Baker
9	Linus Monaghan
10	Max Chillingworth
BYE	Louis Taiwo-Williams

U18 ME

1	Patryk Sroka
2	David Michael Lamb

U12 WE

1	Emily Leavesley
2	Ruby Hunt
3	Freya Thorold
3	Elise Eden
5	Sophia Harper

U14 WE

1	Alexis Golart
2	Charlotte Robinson

U16 WE

1	Kate Haswell
2	Amy Elliott
3	Holly Harding-Bridgen
3	Okezi Ononeme

BYE	Sophie Peat
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U18 WE

1	Elizabeth Coakley
2	Niamh Noble
BYE	Rachael Lever

U12 MF

1	Finlay Maclachlan
2	Flynn Campbell

U14 MF

1	Joshua Hemmings
2	Arthur Eakin
3	Charles Miles-Hayler
3	Seth Dineen
5	Alexander Wood
6	Mihai Campeanu
7	Zac Sanders-Wray

U16 MF

1	Nicholas Williams
2	Max Chillingworth
3	Alfie Smith
3	Conor Dixon

U18 MF

1	Joel Mason
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U12 WF

1	Nancy Penn
2	Emily McCormish

U14 WF

1	Ruby Roberts
2	Orla Dixon
3	Elizabeth Flitcroft

U18 WF

1	Isabella Gardiner
2	Olivia Clapp

U12 MS

1	Simone Tufano
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U14 MS

1	Lachlan Brown
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U16 MS

1	Tom Lewis
2	Jonathan Bellamy
3	Erwin Thorp
3	Rowan Guy

U18 MS

1	Brent Lloyd
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U12 WS

1	Scarlett Richards
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U14 WS

1	Matilda Petts
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U18 WS

1	Rachael Lever
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East Midlands Beginners and Intermediate competition



Congratulations to all who took part in this years EMBI competition. Full results can be found on Facebook under Radcliffe Sword Club or on their Club website: [Radcliffe Sword Club](#).

Huge thankyou goes to RSC for their hard work in making this competition as successful as it is. This year they had the addition of a live video stream. All the videos from the day can be found on Facebook.

UPCOMING REGIONAL COMPETITIONS:

**East Midlands Senior
Championship and GB
Cup Qualifier
competition.**

Date:

27th April 2019

**Venue:**

Portland Leisure Centre
Muskham Street
Nottingham
NG2 2HB
NG2 2HE (for Sat Nav)

Details:

Must be over 13 on January 1st
2019 for the Senior Championships.
Must be over 16 on January 1st
2019 to qualify for the GB Cup.

Check in to be confirmed.

Entries Via Sport80 click [here](#) for
their website.

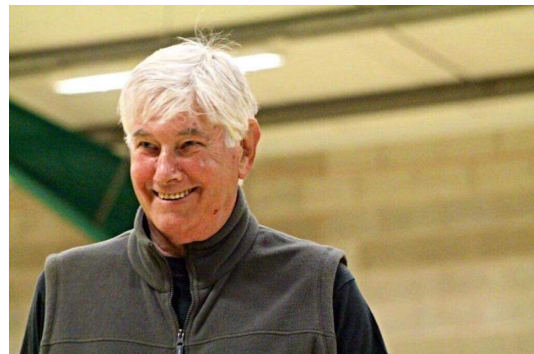
The Bob Grange Cup

Date:

5th May 2019

Venue:

Pitsford Road Site Sports Hall
(Gate 4)
Moulton College
Pitsford Road
Moulton
Northamptonshire
NN3 7QL

**Details:**

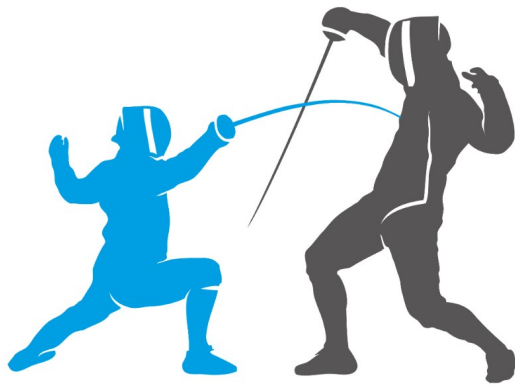
A mixed weapon, mixed team
event. Teams consist of one
foilist, one sabreur and one
epeeist. Each team must consist

of male and female fencers.
Single sex teams are not
allowed.

Cost:

£30.00 per team.

For full details please follow this
link: [Northamptonfencing](#)



John Holt Novice Open

Date:

1st June 2019

Venue:

Lee Westwood Sports Centre
Nottingham Trent University
Clifton Campus
Nottingham
NG11 8NS

Details:

Brand new Novice competition
this year in memory of John Holt.
Please read the entry criteria
carefully before entering.

Must be over 13 on 1st January
2019 to enter this competition.
Full details on Sport80.
Entries are capped, don't delay

entering.

Cost:

£25.00

Entries being taken via Sport80
link [here](#)

Club Corner:



Loughborough Students Fencing club (LSFC) has developed rapidly over the last few years with the installation of wall mounted scoring boxes, the promotion of both 1st teams (men and women) to the BUCS (British University and Colleges Sports) Premier league, and another year of medals in the individual events.

The club isn't just for students though, we have participated in friendly matches against Radcliffe Sword Club and we have limited spaces for talented non-students (aged 16 and above) to train with us. Our training sessions are Tuesday and Thursday evenings, and midday on Saturdays. We have highly ranked fencers in foil, sabre and epee so if you are looking for somewhere to train please get in touch by emailing aufencing@lsu.co.uk

ARMOURERS CORNER:

Epee Maintenance.

Point adjustment and cleaning part two.

The tip has a small contact spring which is what closes the circuit and makes a hit register. When this contact spring is too long, the epee will fail the 0.50mm feeler gauge test. When the spring is too short the weapon will either not register hits or will register intermittently. If the spring is too short it can be replaced or stretched. To stretch the spring you should insert your fingernail or a small screwdriver near where the spring enters the point and then pull the spring gently to stretch it. In order to stretch the spring evenly you may find it best to rotate the point at which your nail/screwdriver is inserted into the spring.

Thank you for reading. If there is anything you would like to see in the newsletter please get in touch:
EMcadets@gmail.com

Our mailing address is:

EMcadets@gmail.com, training@emfencing.com

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