

Bringing the East Midlands' Region clubs closer together.

Welcome to the East Midlands Fencing news. A great way to share things about your club to the rest of the region, simply e-mail EMcadets@gmail.com with any news your clubs would like to see appear here and a great way for us to let you know about upcoming courses, competitions, training etc

If you do not want to receive these newsletters please click the unsubscribe button at the bottom of the page.

East Midlands AGM

Sadly the committee say goodbye to Andy and Jenny Moran. We wish them all the best for the future and hope they stay in contact with us and fencing. The EM region would like to say a big thankyou to both of them for all the work they have done over the last couple of years.

The committee positions are as follows:

EM Chairman - Ev Van-Gemeren
EM Vice Chairman - Chris Forbes
EM Treasurer - Jamie Sala
EM Secretary - Barbra Whitcombe/Ian Scott
EM Safeguarding officer - Barbra Whitcombe
EM Competition organiser - Ian Scott
EM Master Armourer - Ian Toplis
EM Development officer - Jenna Griffiths
EM club reps:
Ev Van-Gemeren - Wingerworth

Jenna Griffiths - Radcliffe Sword Club

Ian Toplis - Foiled Again

David Sweeney - Chilwell Blades

REGIONAL TRAINING

The regional training days are now open to all fencers who have completed a beginners' course. We cover all weapons with weapon specific coaches. We have Sport 981 coming in and running strength and conditioning sessions for the senior session as well as group lessons and sparring on the electrics.

The mini session is aimed at children under 13 years of age and runs from 10am - 12 noon for a cost of £10.

The senior session is aimed at anyone over 13 years of age and runs from 12 noon - 4pm for a cost of £20.

Senior sparring runs from 4pm - 6pm £FREE

The sessions run in the upstairs fencing salle at The Lee Westwood Sports Centre, Nottingham Trent University, Clifton Campus NG11 8NS.

Our next regional training dates will be:-

1st December 2018

19th January 2019

16th February 2019

9th March 2019

13th April 2019

11th May 2019

8th June 2019



CADET WINTON.

We are pleased to say this year we will be sending a team to the Cadet Winton. Good luck to all those who have been selected it should be a great weekend filled with lots of fencing. Teams to be announced soon.

Upcoming courses:-

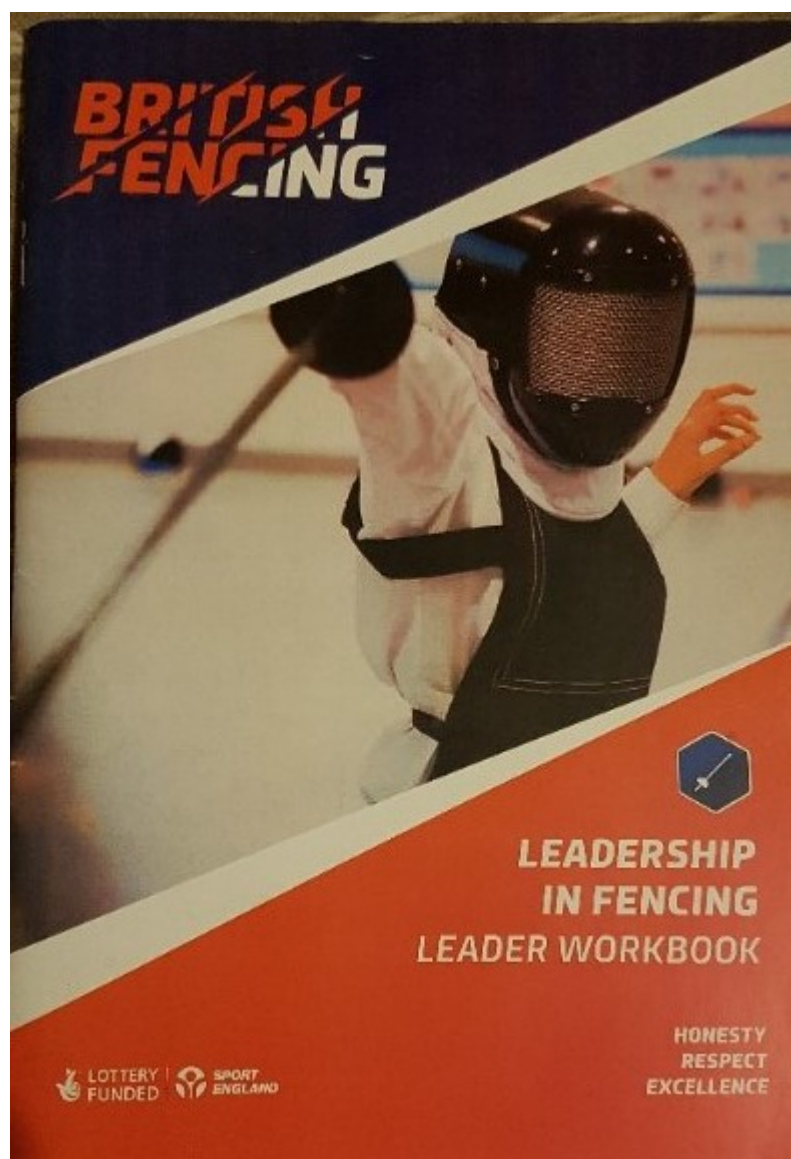
Referee L1/L2 Foil and Epee

23rd /24th November 2018, Rossett Sport Centre, Harrogate. Details on www.yorkshirefencing.org.uk

Leadership through fencing course

On January 26th Radcliffe Sword Club will be hosting a Leadership through fencing course at Clifton Leisure Centre. The aim of the course is to give junior fencers aged between 13 and 18 skills they can use in their fencing clubs and the wider world. There has been a lot of success with this course being run in schools but this will be the first time it has run in a club setting. We are looking for a group of 12 people aged between 13 and 18 and 10 coaches from around the East Midlands region to

participate in this course. If you are a coach and would like to take part in this exciting new project to be able to take it back to your club and run courses in the future or you have a junior fencer who would like to have a bit more confidence in themselves and gain a qualification then please e-mail Jenna on EMcadets@gmail.com.



Upcoming competitions within the region:-



East Midlands GB Cup qualifier and Senior Championships.

The GB Cup qualifier and Senior Championships will take place early next year. You need to be over 16 years old to qualify for the GB Cup. As soon as we have confirmed a date and venue we will advertise it.

The GB Cup qualifier will be the qualifying competition for the GB Cup in June. It is a beginner/intermediate competition and a fantastic competition for gaining experience and you get a lot of fencing during the day.

The senior championships is for anyone over 13 years old on January 1st 2019. Who will be regional champion in 2019...?

British Youth Championships qualifier

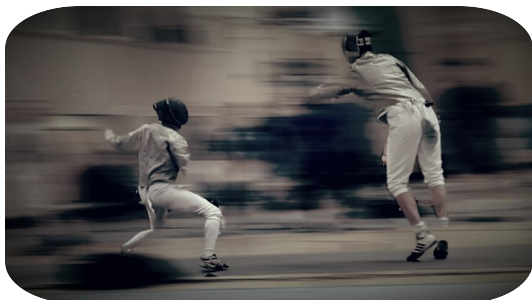
As soon as a date and venue have been confirmed we will advertise it.

This is the qualifying competition for the British Youth Championships on 04th 05th 06th/05/2019

The top 4 from each age group will qualify for the championships at the EIS arena in Sheffield.



Age groups, under 12, under 14,
under 16, under 18. 6 weapons.



Nottingham Open

We're pleased to announce the Nottingham Open will be back in 2019. It will be being run by EM region and Radcliffe Sword Club together.

You must be 13 and over on January 1st 2019 to enter.
6 weapons.

Date and venue to be confirmed. But likely to be around the middle of May 2019.

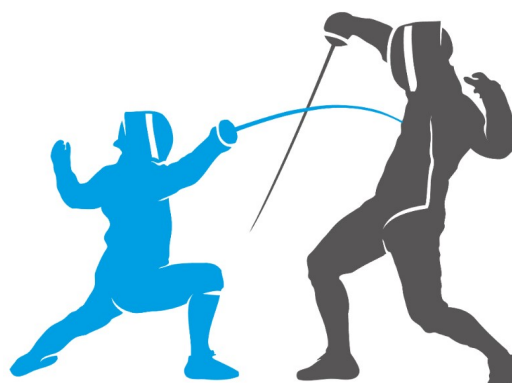
John Holt Novice Open

A brand new competition for 2019 being run by Radcliffe Sword Club in memory of John Holt who sadly passed away in December 2017. John taught many fencers in the East Midlands region and we hope many will benefit from this novice competition.

Criteria will be released when we have a date and venue.
6 weapons.

Date and venue to be confirmed.

As this is the first year this has run the entries will be capped so if you would like to enter please don't leave it to late.



BEST WISHES FROM ALL OF US ON THE EAST MIDLANDS COMMITTEE



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